

## PERSON A: Page 1

### Interviewing Exercise

*Break into groups of two. In each group, one person is “A” and one is “B.” Take a few moments and review the definitions for social support. Think about what you need to know as an interviewer. Also think about your role and how you will answer questions based on your scenario. **Do not disclose the item score you will represent.***

There will be two rounds of the exercise, with each person taking on each role. Each round will include five minutes for preparation and seven minutes for interviewing. Assume that rapport building has already occurred and the parent is cooperative.

Scene	Person A	Person B
1	Interviewer	Parent
2	Parent	Interviewer

### Scene 1

#### Interviewer

1. Review the item definitions and use the handout to brainstorm interview questions.
2. Objective is to score the social support item.
3. Ask questions as needed, attempting to stay as high on the ladder as possible while reaching a decision on score within seven minutes.

## PERSON A: Page 2

### Scene 2

#### Parent

1. Do NOT disclose your intended score, which is C.
2. Review the item definitions and decide who you are and how you would answer questions about yourself and your family.
3. Cooperate with the interviewer.
4. Using the information provided and your imagination, answer the interviewer's questions.

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You are a single parent (mom or dad) who should score "C" on social support. Imagine yourself to have a handful of people you call friends and a small group of casual acquaintances whom you keep at arm's-length. To you, friends are people you do things with once in a while and talk about things with, like the latest thing on television, the best music group, what's in style. You have one friend you met about a year ago who you talk to about more personal things, but you don't live near one another, and neither of you can afford to visit or use long distance to talk often. You have another friend who lives nearby, and you do talk from time to time, but you feel like many sensitive topics are taboo with this person. This friend sometimes gives you a ride when you need to go to an appointment, but you don't feel like you can impose on them too often. You get along okay with your family, and your parents help you out with a little cash sometimes, but they do not have that much. You do not know your neighbors very well, just enough to say, "Hello," and "How's the weather?"

If you are asked open-ended questions or general questions about strengths and struggles, you may offer some information unrelated to the social support item, but should also include some information related to social support.

## PERSON B: Page 1

### Interviewing Exercise

*Break into groups of two. In each group, one person is “A” and one is “B.” Take a few moments and review the definitions for social support. Think about what you need to know as an interviewer. Also think about your role and how you will answer questions based on your scenario. **Do not disclose the item score you will represent.***

There will be two rounds of the exercise, with each person taking on each role. Each round will include five minutes for preparation and seven minutes for interviewing. Assume that rapport building has already occurred and the parent is cooperative.

Scene	Person A	Person B
1	Interviewer	Parent
2	Parent	Interviewer

### Scene 1

#### Parent

1. Do NOT disclose your intended score, which is D.
2. Review the item definitions and decide who you are and how you would answer questions about yourself and your family.
3. Cooperate with the interviewer.
4. Using the information provided and your imagination, answer the interviewer’s questions.

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You are a single parent (mom or dad) who should score “D” on social support. Imagine yourself to be pretty lonely. Your parents won’t have anything to do with you. (They used to help, but they do not anymore, i.e., “You’ve stolen from us for the last time.”) You are a pretty abrasive person, so people don’t feel comfortable with you, but you don’t have this insight—you just think people are pretty useless. You can’t think of a time someone was really helpful to you, but can list dozens of examples of how people let you down. You cover up your loneliness with fierce independence, i.e., “I don’t need anyone—I can manage on my own.”

If you are asked open-ended questions or general questions about strengths and struggles, you may offer some information unrelated to the social support item, but should also include some information related to social support.

## **PERSON B: Page 2**

### **Scene 2**

#### Interviewer

1. Review the item definitions and use the handout to brainstorm interview questions.
2. Ask questions as needed, attempting to stay as high on the ladder as possible while reaching a decision on score within seven minutes.
3. Objective is to score the social support item.